

The Day Spa at Sadie's by the Sea

Relaxing and curative massage, body treatments, facials and nail care. La's restorative, soothing treatments are offered at reasonable rates with many options to suit individual needs.

The day spa is a tranquil place where worries and sore muscles slip away under La's experienced hands, even the view is therapeutic. La's pedicures and massages are highly recommended by repeat customers. Deep tissue, relaxation, Swedish and Lymphatic massage are offered combined with the healing sensibilities of La's Polynesian heritage.

- Deep tissue or Relaxation (30 min \$40, 1 hr \$60)
- Swedish or Lymphatic (30 min \$45, 1 hr \$65)
- Full manicures and pedicures are also available.
 - Deluxe (25 min \$45)
 - Express (20 min \$30)

Other services offered include facials, exfoliating, skin hydrating and firming and waxing. Please call for rates and information.

The day spa and gift store at Sadie's by the Sea carry a full line of *Pure Fiji* botanical body lotions, creams, scrubs and soap. Made with pure island scents and oils they make wonderful gifts.

Monday-Saturday 9am-6pm or Sundays by appointment

Please call La at 684-633-5900 ext 113